




What's For Breakfast?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice of One: Sausage & Biscuit Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Scrambled Eggs and Toast Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Cheese Toast & Hashbrowns Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice 	Choice of One: Breakfast Taco Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Cheese Omelet & Toast Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice
Choice of One: Egg/Bacon/Cheese Biscuit Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice 	Choice of One: Breakfast Pizza Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Cheese Omelet & toast Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Breakfast Bites Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Scrambled Eggs & Cinnamon Toast Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice
Choice of One: Egg & Cheese on Bun Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Biscuit & Sausage Gravy Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Scrambled Eggs & toast Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice	Choice of One: Pancake on a Stick Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice 	Choice of One: Breakfast Taco Cereal & toast Yogurt Breakfast Bar Choose One: Chilled Juice Fruit Healthy Milk Choice

School Breakfast...The First Step to Learning

Children who are hungry find it hard to stay alert and participate in their classroom experiences. The Clark County Schools Breakfast Program helps close the "readiness gap" with nutritious food in a cost-effective manner before classes begin. Breakfast is offered in all Clark County Schools; check with your school nutrition manager for information needed.

Special Dietary Needs:

If your child(ren) have needs for a special diet, your family physician must complete, with signature, a Special Dietary Needs Form. You may obtain this form from your school nutrition manager. The completed form is to remain on file in the office of the school nutrition manager.

Important Dates to Remember:

National School Lunch Week:
October 2-6, 2006

National School Breakfast Week:
March 5-9, 2007

National Child Nutrition
Employee Appreciation Week
May 1-4, 2007

Breakfast Prices:

	Daily	Weekly	Two Weeks
Students, Full pay	1.25	6.25	12.50
Students, Reduced pay	.30	1.50	3.00
Board Employees	1.65	8.25	16.50
Adult Visitors	2.25	11.25	22.50
Milk & Juice	.35	1.75	3.50

2006-2007 Clark County School District

SCHOOL NUTRITION SERVICES

What's For Breakfast?

What's For Lunch?



What's For Lunch?

Clark County Public Schools

Nutrition Services Breakfast and Lunch Selections

Lunch Prices	Daily	Weekly	Two Weeks
Students, Full pay	1.60	8.00	16.00
Students, Reduced pay	.40	2.00	4.00
Board Employees	2.75	13.75	27.50
Adult Visitors	3.85	19.25	38.50
Milk & Juice	.35	1.75	3.50

Free and Reduced Priced Meal Benefits

To apply for free or reduced priced meal benefits, complete a family application, which is available in your school's office or from the office of School Nutrition Services. A new application must be completed at the beginning of each school year. If your student qualifies for free or reduced price lunch, he/she also qualifies for free or reduced price breakfast. For additional information contact Becky Lowry, Director of Food Service, or Linda Horton, Food Service Assistant, 744-4545.

Pre-payment is strongly encouraged. Checks are welcomed. Checks returned for non-sufficient funds will be presented to the county attorney for collection and a fee of \$25.00 will be charged.

- Additional food items may be purchased on an ala carte basis.
- Milk offerings: 1% Low Fat, 1% Low Fat Chocolate and 1% Low Fat Strawberry.
- Menu subject to change without notice due to availability.
- Last two weeks of school will be Manager's Choice every day.
- Special Holiday Menu will be served on the dates starred on the calendar.
- In order to close out accounts for the school year no charges will be allowed the last two weeks of school.

Offer vs. Serve is implemented in all schools:

- Lunch:** Choose 3... No Less!
- Choose 4... That's More! Choose 5... That's Best!
- Breakfast:** Choose 3 or 4... So you won't snore!



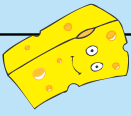





Feeding Children Is Our Business

School lunches are planned to provide 1/3 of the recommended dietary allowances for school-age children. All Clark County students are encouraged to select a complete lunch. However, under the "Offer vs. Serve" regulation they are allowed to select three, four, or five items. Menus are planned to include a variety of choices. Changes have been made in food specifications and preparation to lower sodium, fat and sugar in school meals. Nutrient analysis is available on the school Web site www.clarkschools.net.

We do not discriminate on the basis of race, color, national origin, sex, age or disability.



- Holiday Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>WEEK 1</p> <p>Choose One Entree: Bary Burger w/ Frittling Grilled Chicken Sandwich w/ Frittling</p> <p>French Fries Veggies & Dip Fantastic Fruit Choices Healthy Milk Choices In Addition: Low Fat Cookie</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p> 	<p>Choose One Entree: Smart Pizza Meatloaf</p> <p>Garden Fresh Salad Gom Roll Fantastic Fruit Choices Healthy Milk Choices</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p>	<p>Choose One Entree: Kidder Chicken Nuggets Salisbury Steak</p> <p>Mashed Potatoes Garden Fresh Peas Biscuit Fantastic Fruit Choices Healthy Milk Choices In Addition: Brownie</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p> 	<p>Choose One Entree: Hot Ham & Cheese Sandwich Baked Potato Bar, Broccoli, Cheese, Chili Sour Cream, Margarine</p> <p>*Chicken Noodle Soup, Vegetable Soup, or Chili w/ Sandwich (Nov.-March) Broccoli w/ Cheese Sauce Veggies & Dip Teas Toast Fantastic Fruit Choices Healthy Milk Choices</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p> 	<p>Choose One Entree: BBQ on Bun Sammir/Spaghetti w/ Meat Sauce</p> <p>Garden Fresh Salad Green Beans Breadstick Fantastic Fruit Choices Healthy Milk Choices In Addition: Low Fat Frozen Yogurt</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p> 
<p>MONDAY</p> <p>Choose One Entree: Whole Grain, Gom Dog Homemade Chicken & Noodles</p> <p>Garden Fresh Peas Veggies & Dip Roll Fantastic Fruit Choices Healthy Milk Choices In Addition: Go-gurt</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p> 	<p>Choose One Entree: Chicken Fajita-Lettuce, Tomato, Cheese, Salsa Zesty Taco</p> <p>Fiesta Rice Grazed Carrots Fantastic Fruit Choices Healthy Milk Choices</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sand.</p>	<p>Choose One Entree: Turkey Wrap w/ Frittling Lasagna</p> <p>Fresh Garden Salad California Blend Veggies Breadstick Fantastic Fruit Choices Healthy Milk Choices In Addition: Low Fat Frozen Yogurt</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>	<p>Choose One Entree: Scrambled Eggs Sausage Biscuit/Gavy</p> <p>Hashbrowns Baked Apples Juice</p> <p>Fantastic Fruit Choices Healthy Milk Choices</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p>	<p>Choose One Entree: Seafood Basket w/ Hashpuppy Submarine Sandwich w/ Frittling * Beef Stew w/ Cornbread (Nov.-March)</p> <p>French Fries Green Beans Fantastic Fruit Choices Healthy Milk Choices In Addition: Low Fat Cookie</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>
<p>WEEK 2</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>
<p>MONDAY</p> <p>Choose One Entree: Kidder Chicken Tenders Baked Ham</p> <p>Baked Sweet Potato & Apple Casserole Broccoli/Carrot/Peas w/ Cheese Sauce Roll Fantastic Fruit Choices Healthy Milk Choices In Addition: Cake</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p> 	<p>Choose One Entree: Homeown Hot Dog (Plain or Chili) BBQ Chicken</p> <p>Baked Beans Mac-n-Cheese Saw Roll Fantastic Fruit Choices Healthy Milk Choices</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p> 	<p>Choose One Entree: Smart Pizza Beer-n-Hak</p> <p>Fresh Garden Salad Gom French Fries Texas Toast Fantastic Fruit Choices Healthy Milk Choices In Addition: Low Fat Cookie</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>	<p>Choose One Entree: Tasty Burger w/ Frittling Open Face Turkey Sandwich w/ Gavy</p> <p>Green Beans Mashed Potatoes Fantastic Fruit Choices Healthy Milk Choices</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p> 	<p>Choose One Entree: Ham/Cheese Sandwich w/ Frittling Tuna Salad Sandwich w/ Frittling</p> <p>Carrots & Dip Smart Choice Chips Fantastic Fruit Choices Healthy Milk Choices In Addition: Pudding</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>
<p>WEEK 3</p> <p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing Grilled Cheese Sandwich</p>	<p>Alternate Selection: Fresh Salads to Go w/ Dressing PB&J</p>

AUGUST

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DECEMBER

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JANUARY

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FEBRUARY

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MARCH

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APRIL

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MAY

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